

## Workshops Schedule - Tango Frostbite 2025

FRI 14.2.	Sebastián & Maria	Neri & Yanina	Arttu & Carina
17:30-19:00	<b>Technique for Leaders:</b> Everything You Need to Improve Your Style	<b>Technique for Followers:</b> Projection, change of weight, axis change.	

SAT 15.2.	Sebastián & Maria	Neri & Yanina	Arttu & Carina
12:00-13:30		<b>How to make the follower shine:</b> Listen to the piano, violin, singer	<b>Milongassa tanssimisen perusteet:</b> suunnat, säännöt ja selviytyminen tanssilattialla
13:45-15:15	<b>Connect with your partner:</b> Exercises to improve communication	<b>Ganchos:</b> Technique for the leader and the follower	<b>Alkeiskurssi (1)</b>
15:15-16:00			
16:00-17:30	<b>Musical Interpretation:</b> How to dance in the style of Osvaldo Pugliese	<b>A colorful milonga</b> it's what we want! We choose a base, and play with different tones and embellishments for follower and leader	<b>Alkeiskurssi (2)</b> 16:00-17:00
17:45-19:15	<b>Cadenas (chained steps)</b> in vals: Structures and combinations		

SUN 16.2.	Sebastián & Maria	Neri & Yanina	Arttu & Carina
12:00-13:30	<b>Milonguero and salon walks:</b> Fluidity and elegance.	<b>Tango Escenario:</b> jumps, how to coordinate the impulse and how to land	<b>Mukavasti milongassa:</b> Helppoja kuvioita ja askelsarjoja pieneen tilaan
13:45-15:15	<b>Syncopation in D'Arienzo:</b> Musicality work	<b>Essence of the vals.</b> Using the melody or rhythm for giros and contragiros	<b>Alkeiskurssi (3)</b>
15:15-16:00			
16:00-17:30	<b>Milonga lisa and traspié:</b> Mastering speed and rhythm	<b>Calesita (carousel)</b> in a closed, semi-open, open or apilado embrace	<b>Alkeiskurssi (4)</b> 16:00-17:00

Beginners	Beginner/Intermediate	Intermediate/Advanced	Advanced	Open level
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